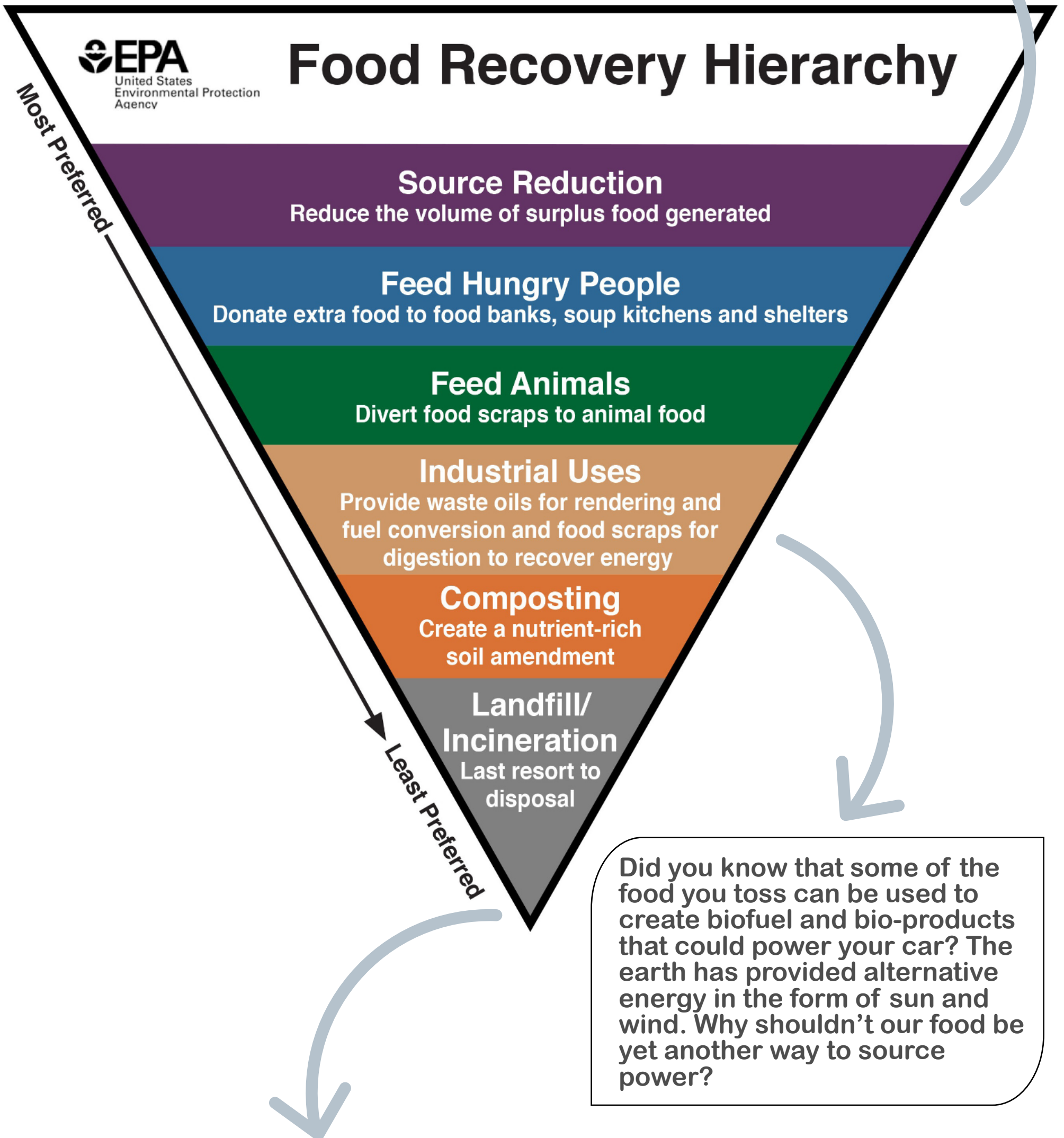


This goes back to the simple lesson of “only take what you need.” If we buy and create less food, we’ll throw less out. This is about simply reducing waste by not creating it in the first place.



This is the bottom of the Food Waste Hierarchy — and the last, final resort to the waste that we produce. Avoiding this tier starts with each and every one of us, by preventing waste at the top of the tier — right where it’s sourced and where we can make different decisions about how much we take, buy and create.